

Sterling Behavioral Health Services

Patients and clients of Sterling Behavioral Health Services

Thank you for trusting Sterling Behavioral Health Services with your behavior health needs. The health and safety of our patients/clients and employees is paramount. Like so many others, we have been closely following COVID-19 and making decisions that are right for our patients/clients and employees. Therefore to maximize the safety and minimize risk and to enable Sterling Behavioral Health Services to continue to provide ongoing services to our patients/clients we have decided to temporarily close our office for in person evaluation, treatment, follow-up, medication management services and therapy.

We will remain fully staffed administratively allowing us to continue to provide scheduling, medication refills and all other administrative services as previously. Our clinicians will continue to provide services via teletherapy and telemedicine to their patients/clients. Visits will be the same as before except they will be via an approved online audio/video platform. Thank you for your understanding.

By decreasing the staffs' risk of exposure to COVID-19 we will increase their availability to enable them to continue to provide the usual excellent level of services to which you have become accustomed.

David M. Band, MD
Medical Director, CEO